

Holistic Mental Health, PLLC

800 W. Williams St  
Suite 231A  
Apex, NC 27502  
Phone: (919) 267-9813  
Fax: (919) 267-9814

**Authorization to Release  
Protected Health Information**

**Patient Information:**

Name of Patient: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone Number: \_\_\_\_\_ Birthday: \_\_\_\_\_ SS#: \_\_\_\_\_

**Please Check the Appropriate Type of Release of Information:**

I, \_\_\_\_\_ agree to release my health information as indicated below in an ongoing exchange between Holistic Mental Health and \_\_\_\_\_ at \_\_\_\_\_  
(Name) (Address)  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
(Address Continued) (Phone) (Fax)

I, \_\_\_\_\_ agree to release my health information as indicated below (Circle: with, from, to) Holistic Mental Health (Circle: and, to, from) \_\_\_\_\_ at \_\_\_\_\_  
(Name) (Address)  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
(Address Continued) (Phone) (Fax)

**Reason for Release of Information:**

- Continuing Medical Care
- Patient's Request
- Claim for Reimbursement
- Other (specify): \_\_\_\_\_

**Information to be Released:**

- Intake (History & Physical Exam)
- Discharge Summary
- Psychological Testing
- Entire Chart to include: Mental Health \_\_\_\_\_, Drug & Alcohol Use and Treatment: \_\_\_\_\_, Communicable Diseases (to include HIV/AIDS) \_\_\_\_\_.
- Radiological Studies
- Laboratory Reports
- Last Progress Note
- Other (specify): \_\_\_\_\_

**Authorization:**

I understand that refusal to sign this release of information does not prevent me from receiving care from Holistic Mental Health, PLLC, but that my refusal may negatively impact my overall health if necessary information from different treatment providers is unable to be exchanged.  
I understand that this authorization can be revoked at any time, either orally or in writing.  
I understand that this authorization will expire in two years from the date indicated below unless otherwise specified here: \_\_\_\_\_.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(or Parent, if patient is a minor)

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_